

<b>PRACTICE TOOLS – PASSAGES – SPEEDING THE TEMPO WITH METRONOME</b>		
<b>What is it</b>	<b>What it means</b>	<b>What to do</b>
<b>Group 1</b> <b>SLOW</b>	→ <b>SLOW SPEED AS WRITTEN</b>	<b>PLAYING</b> one passage 3 times exactly as written – <b>CROTCHET = 40</b> and increasing to 45/50/55/60/65/70/75. Spiccato / Sautillé bows should be practiced on the string.
<b>Group 2</b> <b>INTERMEDIATE</b>	→ <b>INTERMEDIATE SPEED AS WRITTEN</b>	<b>PLAYING</b> the passage 3 times exactly as written – <b>CROTCHET = 80</b> and increasing to 85/90/95/100/105/110. Spiccato / Sautillé bows should be practiced on & off the string.
<b>Group 3</b> <b>ADVANCED</b>	→ <b>FAST SPEED AS WRITTEN</b>	<b>PLAYING</b> the passage 3 times exactly as written – <b>CROTCHET = 120</b> and increasing in the same way as above until reaching the correct speed. Spiccato / Sautillé bows should be practiced off the string.

<b>HAVE YOU LEARNED IT</b>	<b>Action Words / Task</b>
<b>Group 1</b> <b>SLOW</b>	<b>SLOW SPEED AS WRITTEN</b>
<b>Group 2</b> <b>INTERMEDIATE</b>	<b>INTERMEDIATE SPEED AS WRITTEN</b>
<b>Group 3</b> <b>ADVANCED</b>	<b>FAST SPEED AS WRITTEN</b>

**REMEMBER**  
**THE DETAIL**  
**THE ACTION**  
**THE FEELING**