

PRACTICING EXERCISES – OTAKAR ŠEVČÍK BOOKS – LEFT HAND POSITIONS							
What is it	2 nd position	3 rd position	4 th position	5 th position	6 th position	7 th position	How long
2nd to 7th POSITIONS – Op. 1 Book 2							
1. BASIC	1	12 / 13	21	30	35 / 36	39	→ 3 – 5 BARS → 1 LINE → ½ EXERCISE → 1 EXERCISE
2. DOUBLE STOPS	2 / 3 / 10	14 / 19	22 / 28	31	37	40	
3. SHIFTING	4 / 5	16	24 / 25				
4. HOLDING FINGERS DOWN	6	15 / 17	26				
5. ALL KEYS SCALE PATTERNS	7 / 8		23 / 27	32 / 33	38	41	
6. CHROMATIC SCALES	9	18					
7. CHORDS	11	20	29	34			
TOTAL EXERCISES PRACTICE TIME:							5 – 10 min.