

PULSE – WHAT IS IT / HOW IT WORKS?

What is it	What it means	How it works
1. COUNTING BEAT BY BEAT - HEARTBEAT OF MUSIC	→ COUNTING EACH BEAT	COUNTING one crotchet beat, dividing it in two equal parts – down (half) / up (half) - counting without stopping, or getting faster or slower.
2. COUNTING BY BARS – GROUP BEATS BY BARS	→ COUNTING BEATS IN EACH BAR	COUNTING the beats in 2 / 3 / 4 in crotchets beats or in 1 / 2 / 3 in quaver beats.
3. COUNT WITH HAND / FOOT / TUMMY / 'BACK OF THE BRAIN'	→ COUNTING AUTOMATICALLY	COUNTING with your hand first, then switch to your foot, feel the count in your tummy, and at the 'back of the brain' – it's always there when playing.

HAVE YOU LEARNED IT	Action Words / Task
1. COUNTING BEAT BY BEAT - HEARTBEAT OF MUSIC	COUNTING EACH BEAT
2. COUNTING BY BARS – GROUP THEM BY BARS	COUNTING BEATS IN EACH BAR
3. COUNT WITH HAND / FOOT / TUMMY / 'BACK OF THE BRAIN'	COUNTING AUTOMATICALLY

REMEMBER
THE DETAIL
THE ACTION
THE FEELING